

# CONTANGO OIL & GAS COMPANY

## NEWS RELEASE

### Contango to Present to East Coast Investors

August 6, 2010 – HOUSTON, TEXAS – Contango Oil & Gas Company (NYSE Amex: MCF) Chairman and CEO, Kenneth R. Peak, will make corporate presentations to east coast investors from Monday, August 9, 2010 through Wednesday, August 11, 2010. A copy of the presentation material will be available at [www.contango.com](http://www.contango.com) immediately before the presentations begin.

Contango is a Houston-based, independent natural gas and oil company. The Company's core business is to explore, develop, produce and acquire natural gas and oil properties primarily offshore in the Gulf of Mexico. Additional information can be found on our web page at [www.contango.com](http://www.contango.com).

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