

CONTANGO OIL & GAS COMPANY

NEWS RELEASE

Contango to Present at the IPAA Oil & Gas Investment Symposium in London

June 7, 2010 – HOUSTON, TEXAS – Contango Oil & Gas Company (NYSE Amex: MCF) Chairman and CEO, Kenneth R. Peak, will make a corporate presentation at the IPAA Oil & Gas Investment Symposium in London. Details for the presentation, live broadcast and replay are as follows:

Date & Time: Thursday, June 10, 2010 at 8:30 AM London Time (2:30 AM Central Time)
Presenter: Kenneth R. Peak, Chairman and CEO
Live Webcast: <http://www.investorcalendar.com/CEPage.asp?ID=159342>
Replay: <http://www.investorcalendar.com/CEPage.asp?ID=159342>
Or www.contango.com (available shortly after presentation)

Contango is a Houston-based, independent natural gas and oil company. The Company's core business is to explore, develop, produce and acquire natural gas and oil properties primarily offshore in the Gulf of Mexico. Additional information can be found on our web page at www.contango.com.

Contango Oil & Gas Company
3700 Buffalo Speedway, Suite 960
Houston, Texas 77098
www.contango.com

For information, contact:
Kenneth R. Peak
(713) 960-1901